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Figure 1

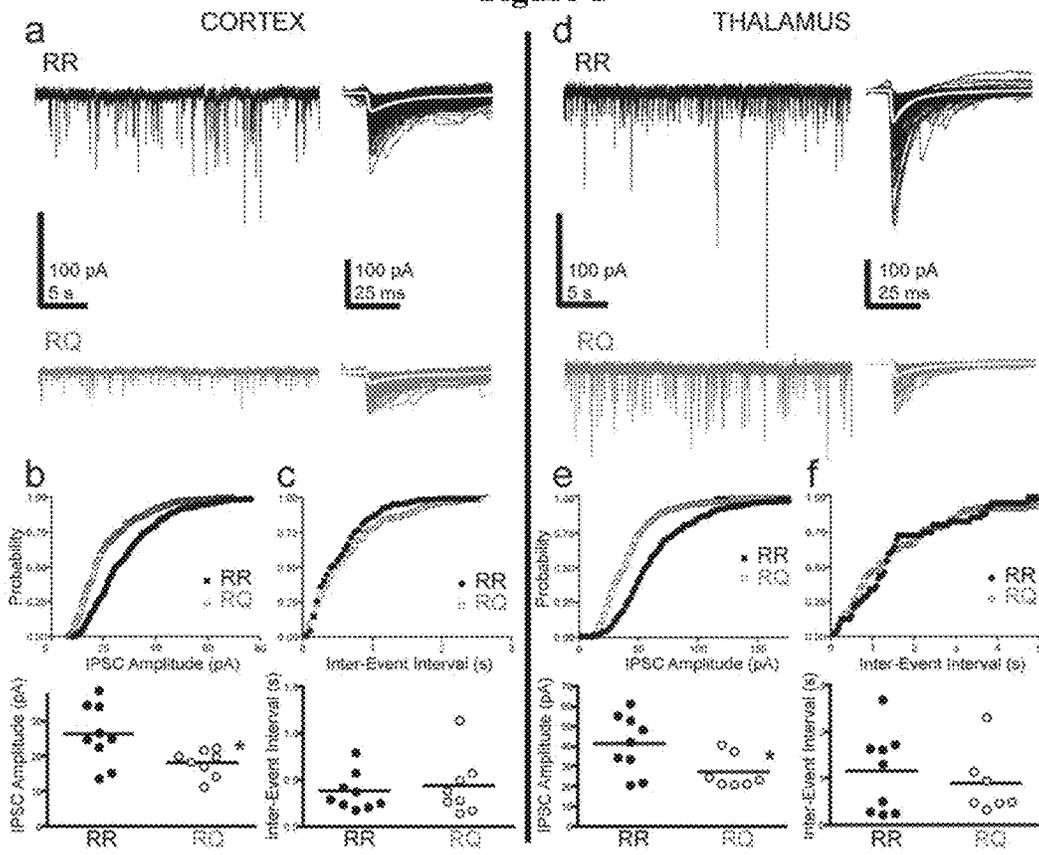


Figure 2

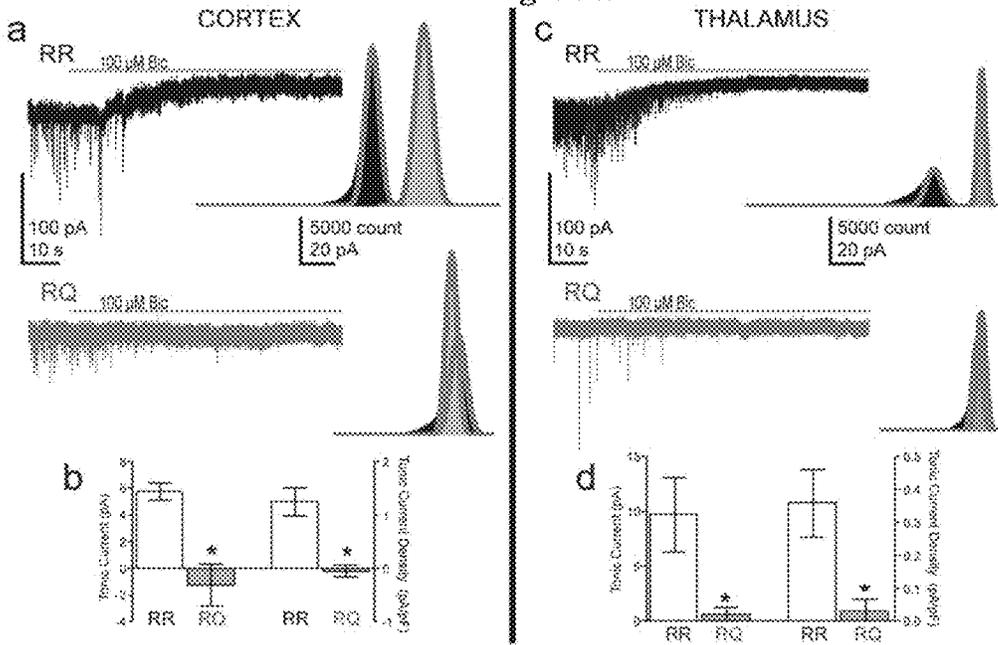


Figure 3

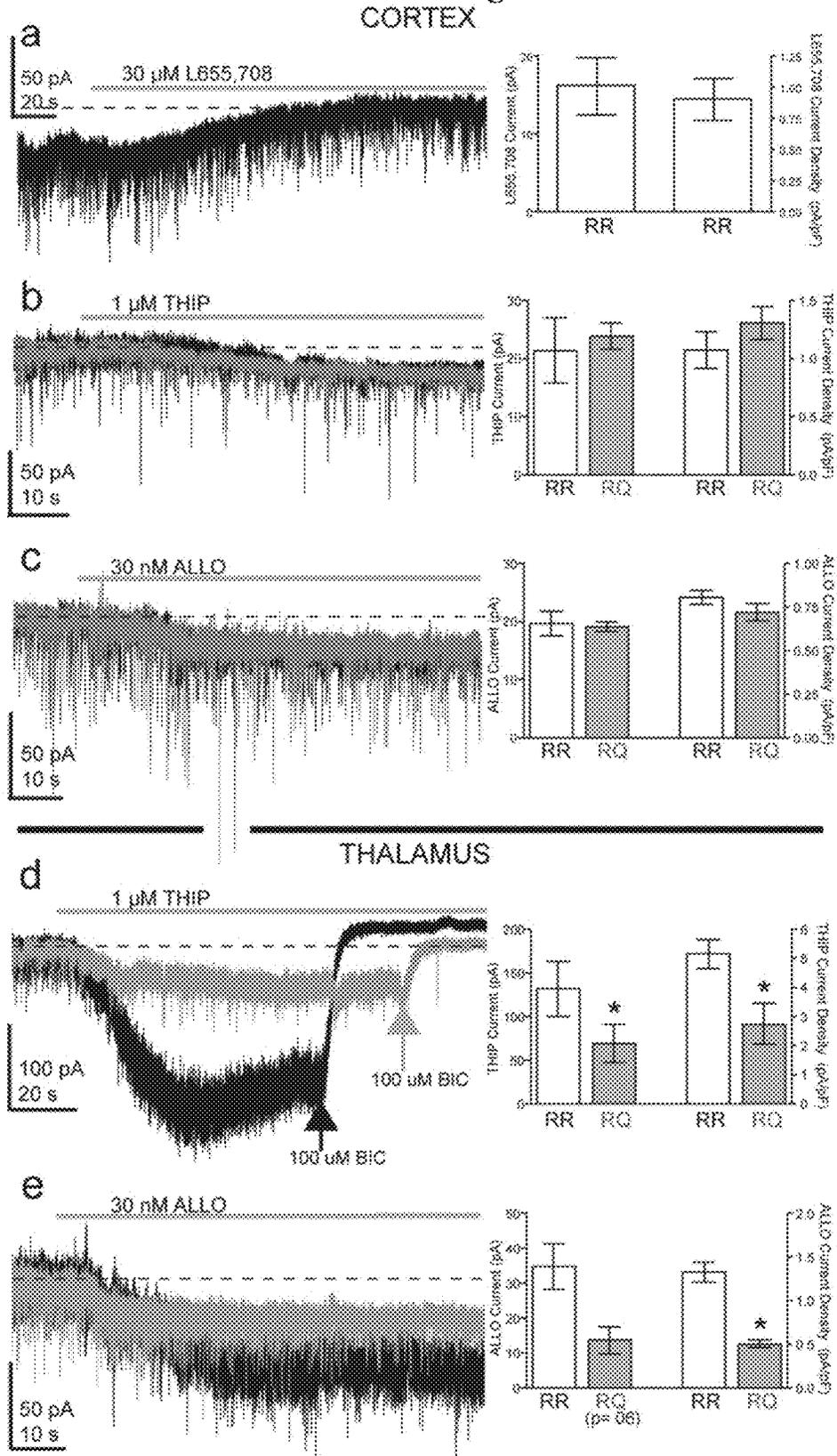


Figure 4

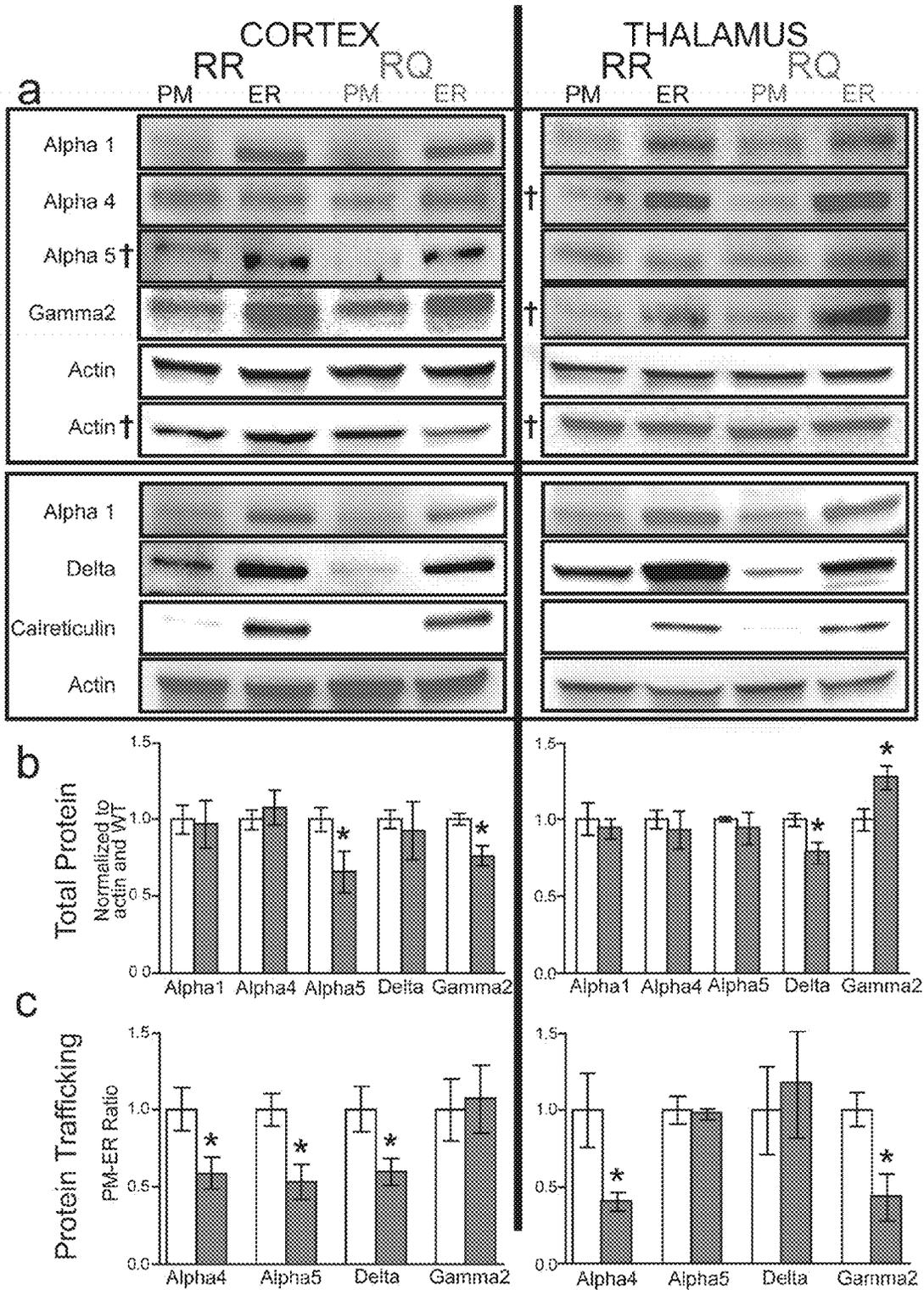


Figure 5

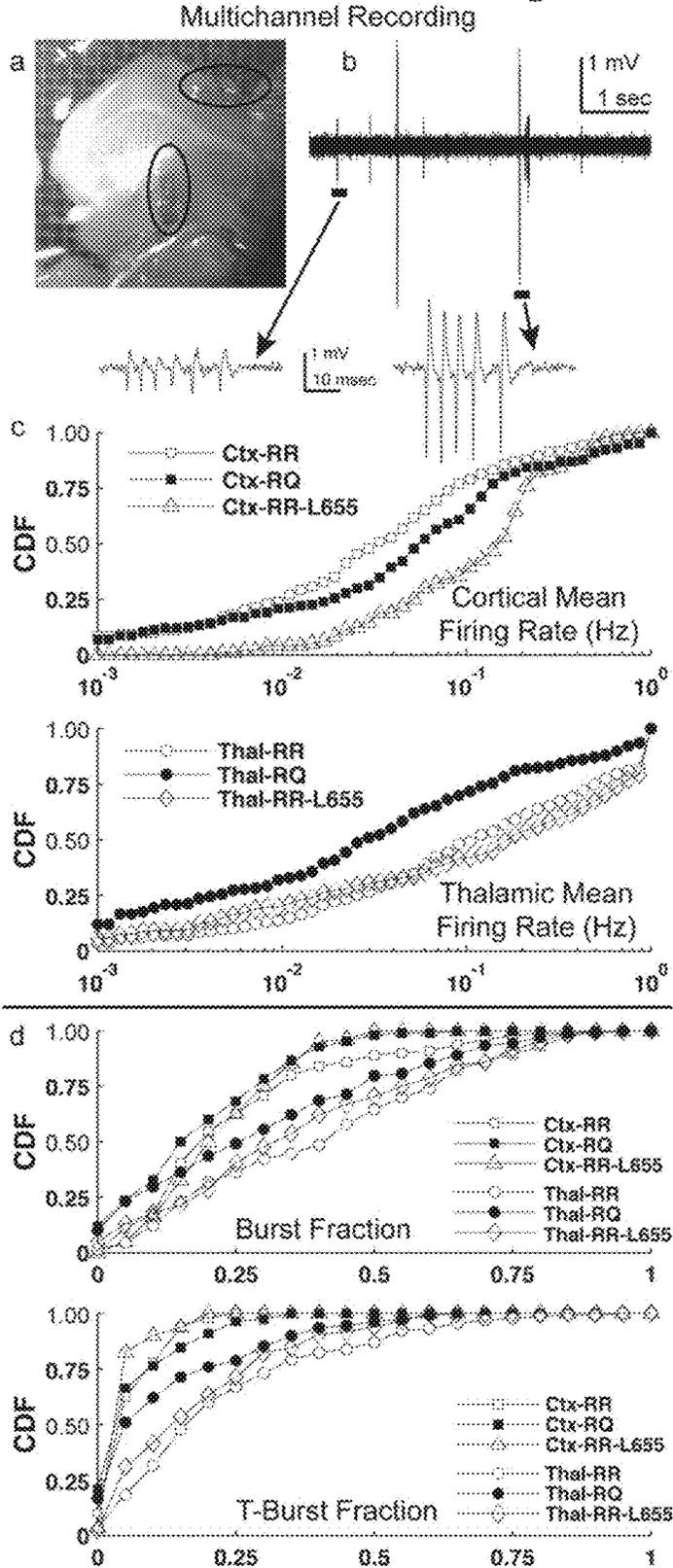


Figure 6

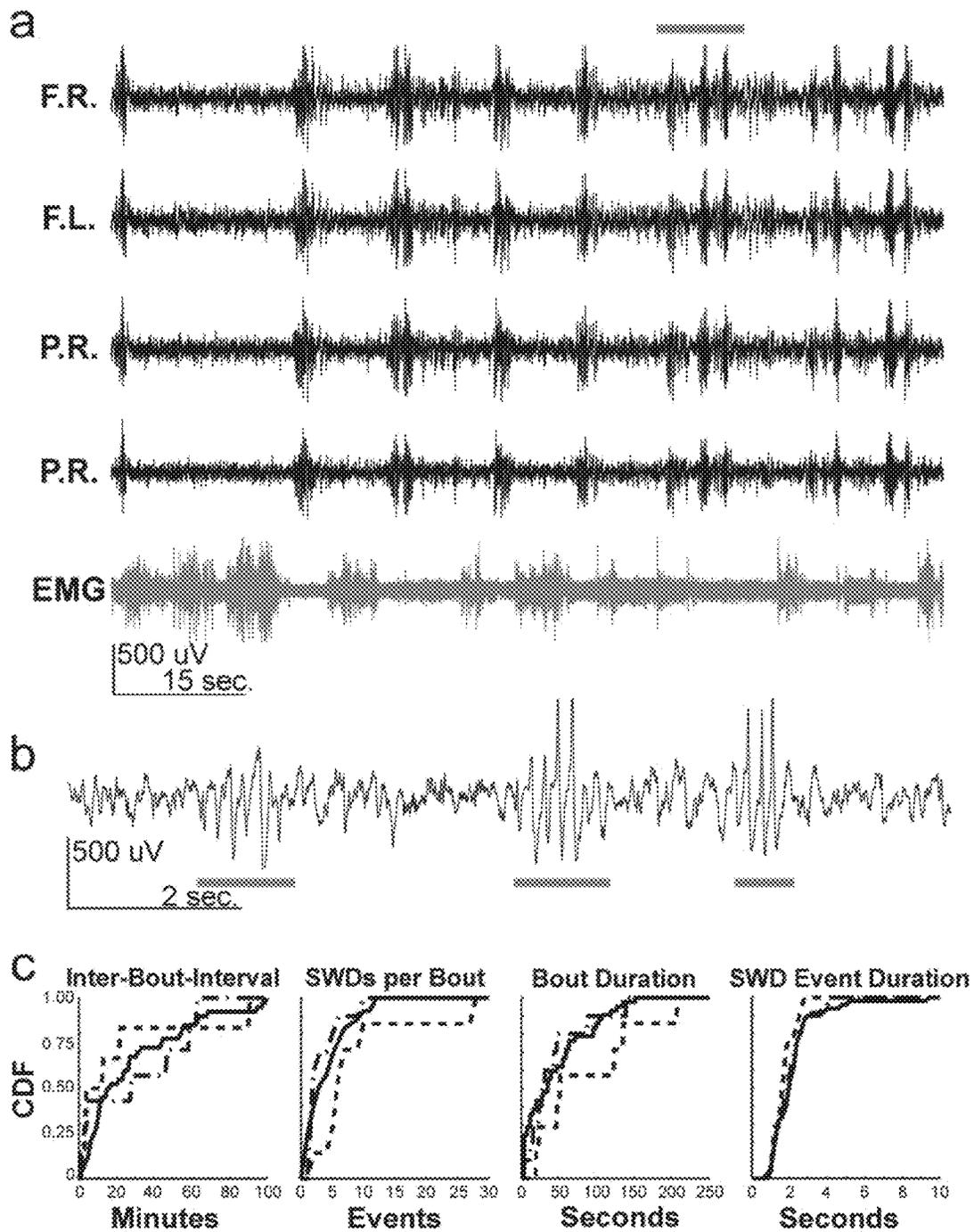


Figure 7

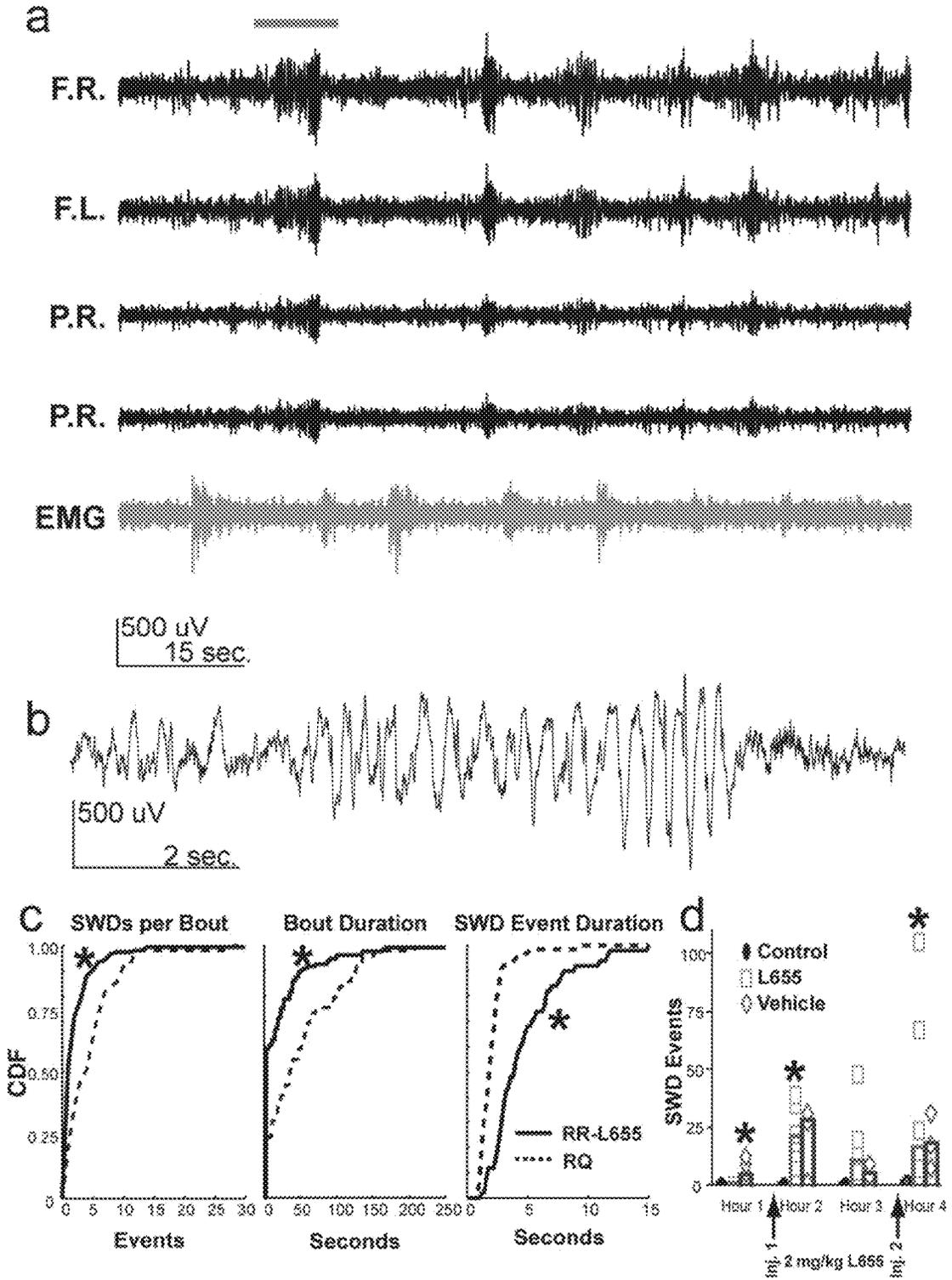


Figure 8

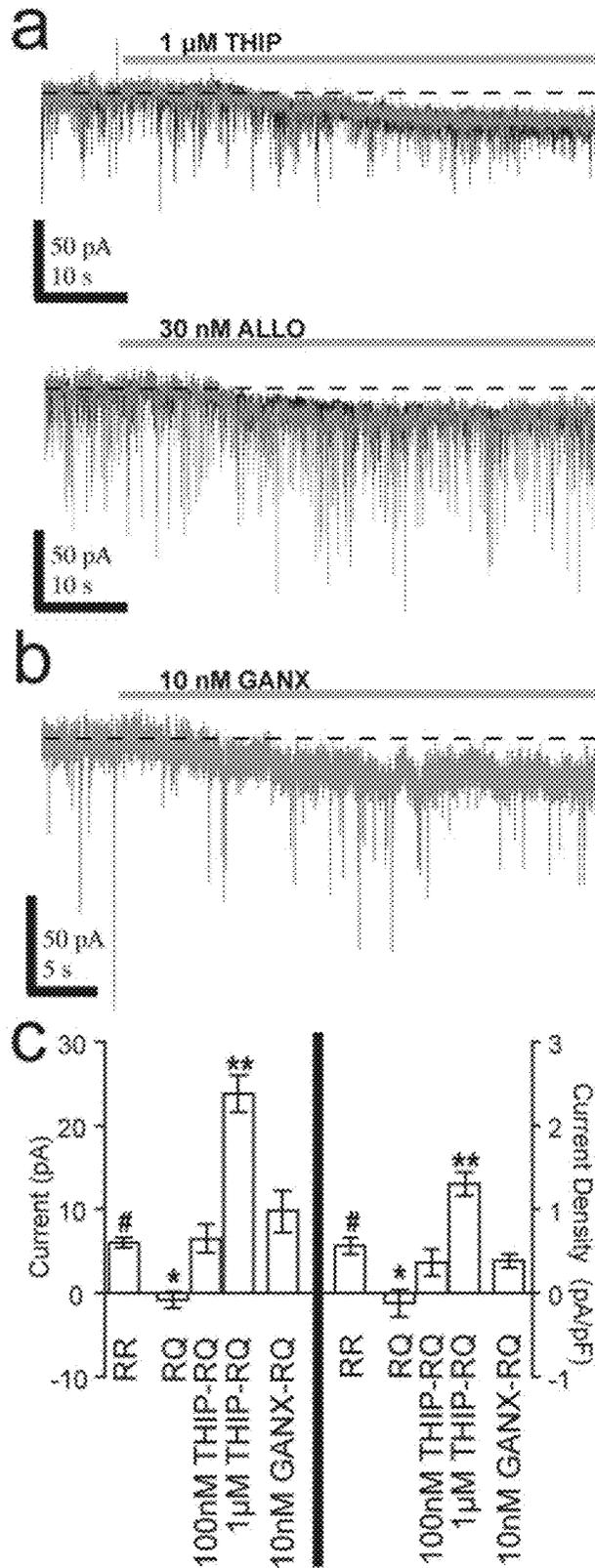


Figure 9

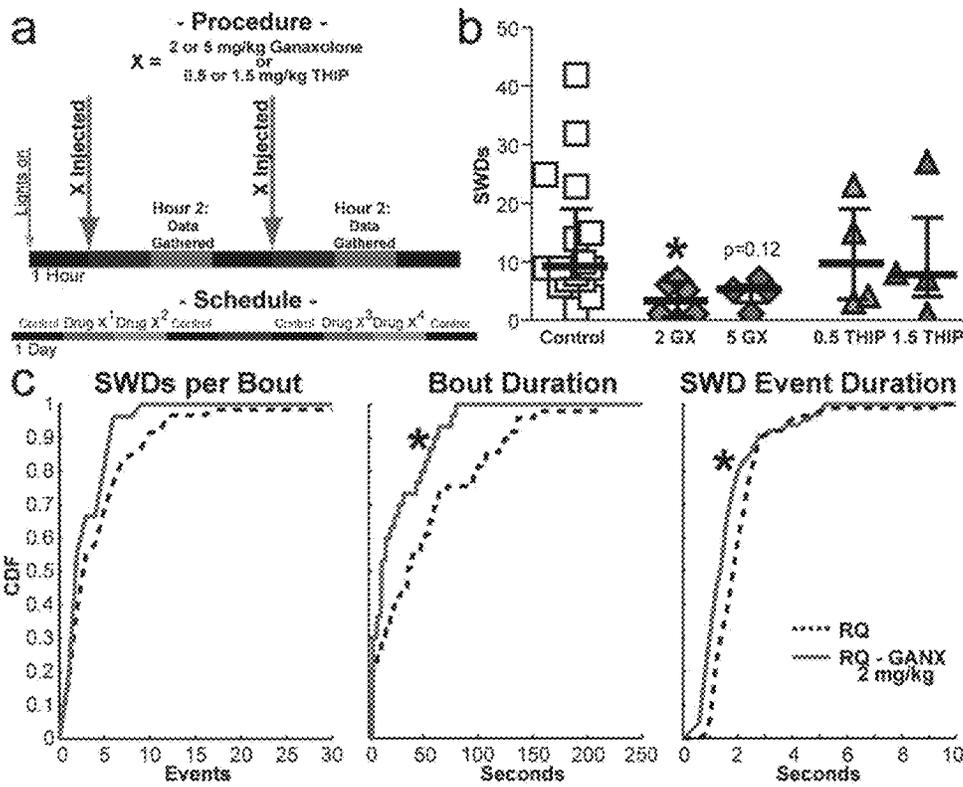
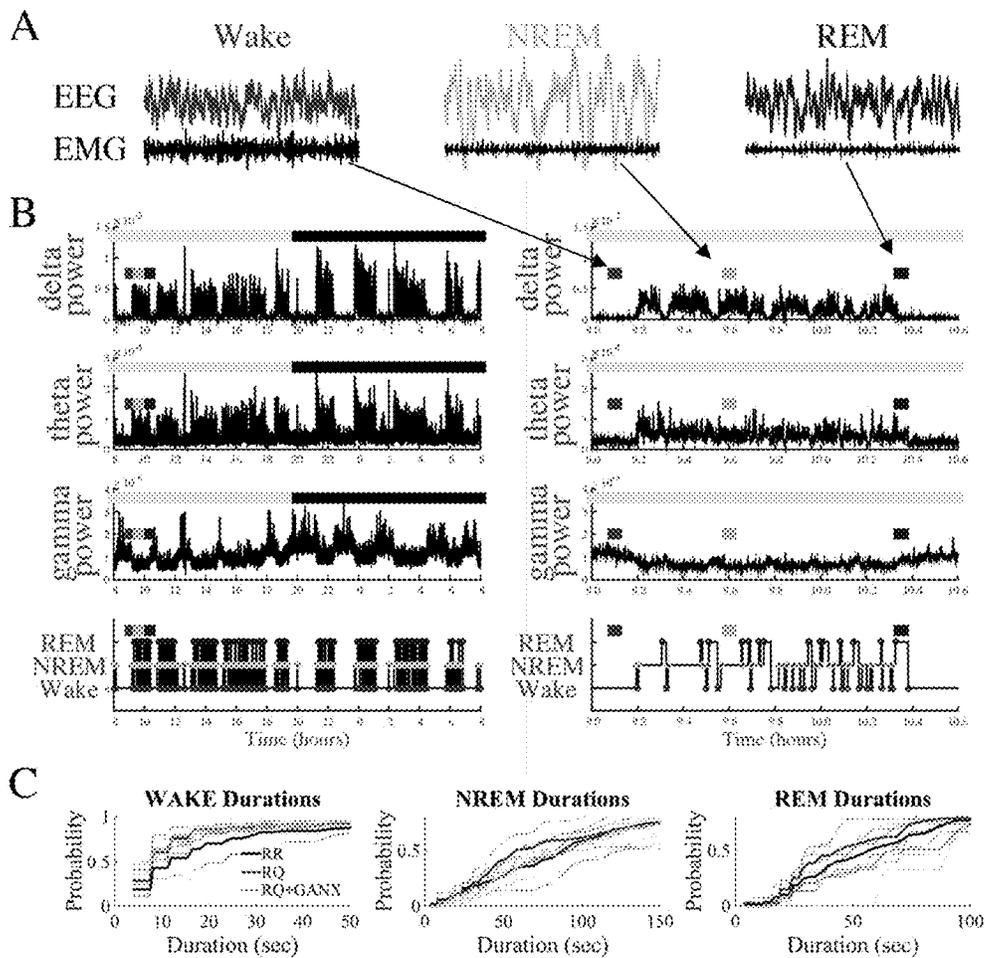


Figure 10



reduction in trafficking of the $\alpha 4$ subunit ($p < 0.05$), the obligatory partner for δ subunit-mediated tonic currents in thalamus.

FIG. 5 shows that RQ mouse thalamocortical slices display elevated cortical firing and reduced thalamic bursting. Panel a) A thalamocortical slice with two multielectrode arrays (black ovals) placed in layer II/III cortex (upper) and ventrobasal thalamus (lower). Panel b) Top: A segment of recording from an electrode located in thalamus. Bottom: Expanded segments, corresponding to the black bars in the recording above, and illustrating burst firing of two different neurons (see Methods). Panel c) Cumulative distribution functions (CDF) of mean firing rates for cortex (CTX, upper) and thalamus (Thal, lower), for RR, RQ, and RR in the presence of L655,708 (referred to as L655 or RR-L655). For cortex, both RQ and L655 display increased firing rates compared with RR ($p < 0.01$). In thalamus, RQ displays reduced firing rates compared to RR ($p < 0.01$), whereas no change is observed for L655. Panel d) CDF plots for generic burst fractions (upper) and T-burst fractions (lower, see Methods). For generic burst fraction, thalamus displayed a higher burst fraction than cortex in all conditions. In thalamus, RQ burst fraction was reduced compared to RR ($p < 0.05$), whereas L655 was not. In cortex, neither RQ nor L655 differed from RR. For T-burst fraction, RR thalamus displayed a higher value than RR cortex ($p < 0.01$), RQ cortex ($p < 0.01$), and RQ thalamus ($p < 0.01$), whereas neither RQ area was different than RR cortex.

FIG. 6 shows that RQ mice express SWDs (spike-and-wave EEG discharges) associated with Absence epilepsy. Panel a) Electroencephalogram (EEG) recording of an RQ mouse. Top trace to bottom trace: frontal right cortex (F.R.); frontal left cortex (F.L.); parietal right cortex (P.R.); parietal left cortex (P.L.); electromyogram (EMG). Note the brief yet high number (approximately 11 times during the 1.5 minute trace) of synchronized events that occur across all EEG leads during the absence of signal in the EMG. Panel b) Expanded F.R. EEG recording from grey bar in A (10 seconds). Note the brief approximately 6 Hz SWD events (grey bars) that occur 3 times during the 10-second trace. Panel c) Cumulative distributions from three different RQ mice (solid, dashed, and dash-dotted lines represent each mouse) show similar characteristics from all animals for inter-bout-interval, SWDs per bout, bout duration and SWD event duration. SWDs were not observed in litter-mate control mice (not shown).

FIG. 7 shows that blocking cortical tonic inhibition produces SWDs in wild-type mice. Panel a) Electroencephalogram (EEG) recording of a wild-type (RR) mouse i.p. injected with 2 mg/kg of the GABA_A receptor $\alpha 5$ -subunit-selective inverse-agonist L655,708 (RR-L655). Similar to RQ mice, note the brief yet high number (approximately 6 times during the 1.5 minute trace) of synchronized events that occur across all EEG leads during the absence of signal in the EMG. Panel b) Expanded F.R. EEG recording from grey bar in A (10 seconds) displays a brief approximately 6 Hz SWD event (grey bar). Panel c) Cumulative distributions shows RR-L655 mice display significantly less SWDs per bout ($p < 0.05$), shorter bout durations ($p < 0.05$), yet longer SWD event durations ($p < 0.05$) than RQ mice (dotted line). Panel d) Quantification of SWD events shows RR-L655 mice did not display SWDs prior to L655,708 injection (Hour 1), but did show SWDs after each hour of injection (Hour 2, $p < 0.05$; Hour 4, $p < 0.05$). Interestingly, SWDs were still present in RR-L655 mice 3 days after the last L655,708 treatment (vehicle: Hour 1, $p < 0.05$).

FIG. 8 shows that GABA_A receptor δ -subunit-selective agonists rescue tonic inhibition in principal RQ cortical neurons. Panel a) Example voltage-clamp traces for RR (black-behind) and RQ (grey-front) cortical layer II/III cell recordings during 1 μ M THIP (top) and 30 nM allopregnanolone (ALLO; bottom) treatments. Both GABA_A receptor δ -subunit-selective agonist treatments induce indistinguishable current amplitudes and densities in RQ compared to RR. Panel b) Example voltage-clamp trace for RQ cortical layer II/III cell recording during a 10 nM ganaxolone (GANX) treatment also shows an increase in the holding current, similar to THIP and ALLO. Panel c) Tonic current amplitude (left y-axis) and density (right y-axis) quantifications show RR level inhibitory tonic currents can be rescued in RQ with 100 nM THIP and 10 nM GANX treatments, whereas 1 μ M THIP treatment in RQ produces 2-4 times more holding current amplitude ($p < 0.05$) and density ($p < 0.05$) than that seen in RR untreated neurons.

FIG. 9 shows that rescuing cortical tonic inhibition tempers SWDs in RQ mice. Panel a) Schematic depicting administration times and drug schedule investigating 4 drug-treatment conditions in RQ mice. GANX (2 and 5 mg/kg) or THIP (0.5 and 1.5 mg/kg) solutions were i.p. injected in RQ mice twice a day for 4 out of 7 days. Panel b) RQ SWD event quantification during the second hour after drug administration shows the 2 mg/kg GANX ($p < 0.05$) treatment decreased SWD expression compared to control hours. Panel c) Cumulative distributions of RQ SWD activity after 2 mg/kg GANX treatment shows that bout ($p < 0.05$) and SWD event ($p < 0.05$) durations are decreased after treatment.

FIG. 10 shows that RQ mice have altered sleep compared to wild type littermates, and that some of these alterations can be reversed by low-dose ganaxolone. Panels A & B show an example determination of sleep stages from EEG and EMG data in a wild type mouse, including analysis of EEG power in different frequency bands, and the hypnogram of sleep stages, during a typical 24 hour recording period. Panel C shows the distributions of Wake, NREM and REM durations during normal sleep time for wild type RR mice, mutant RQ mice and mutant RQ mice after injection with low-dose ganaxolone (2.5 mg/kg i.p.). Ganaxolone significantly reversed alterations in NREM durations and alterations in delta power back toward normal levels.

The above-described and other features will be appreciated and understood by those skilled in the art from the following detailed description, drawings, and appended claims.

DETAILED DESCRIPTION

It has been found that ganaxolone, specifically low-dose ganaxolone, can be used to treat absence epilepsy, particularly in young subjects. Without being held to theory, it is believed that the previously studied high doses of ganaxolone used to treat other forms of epilepsy overstimulate the GABA_A receptor and exacerbate the symptoms of absence epilepsy. Using low dose ganaxolone provides an optimal amount of tonic inhibition that provides normal function and reduces the symptoms of absence epilepsy in a validated mouse model. Ganaxolone provides a new treatment option for a form of epilepsy that has proven to be refractory to traditional epilepsy treatment. In addition, it has also been found that low dose ganaxolone can also be used to treat sleep disruptions and disorders, particularly to restore altered duration of NREM episodes and altered slow wave intensity back toward normal levels.

calcium channel-dependent plateau potential. Thus, increased hyperpolarizing tonic inhibition may shift thalamic relay neurons into the burst firing mode, which may increase the drive onto GABAergic thalamic reticular nucleus (TRN) neurons. In turn, TRN neurons transmit hyperpolarizing IPSPs (inhibitory postsynaptic potentials) back onto thalamic relay neurons, further promoting relay neuron burst firing. This reverberation between relay and TRN neurons is critical for sustaining SWDs. Indeed, even in studies supporting a cortical origin of SWDs, seizure activity spread to the thalamus within a few hundred milliseconds, consistent with the idea that robust absence seizures are a product of the full thalamocortical network.

As shown herein using thalamocortical slices, tonic inhibition is abolished in layer II/III neurons of somatosensory cortex and relay neurons of ventrobasal thalamus of RQ mice. Through Western blotting and voltage-clamp electrophysiology, it was shown that the loss of tonic inhibition is accompanied by altered expression or trafficking of the GABA_A receptor subunits responsible for mediating tonic currents in these areas. Using multielectrode arrays, it was further shown that loss of tonic inhibition increases cortical firing rates, but decreases bursting throughout the thalamocortical circuit, consistent with a depolarization of thalamic relay neurons that shifts them away from the burst firing mode. Selective pharmacological blockade of cortical tonic current in wild type (RR) slices also increases cortical firing rates, paralleling the increased cortical firing in RQ slices, and consistent with the increased cortical excitability observed in γ 2R43Q human subjects. Together these results suggest that the combined loss of cortical and thalamic tonic inhibition in RQ mice enhances susceptibility to absence seizures.

Recently a link has been established between tonic inhibition and absence-associated SWD generation, though thus far this link has been associated with only thalamic neurons. Research shows the increase of GABAergic tonic currents in thalamic relay neurons is 'sufficient' to produce SWDs in wild-type rats, and multiple rodent models of absence epilepsy (GAERS, stargazer, lethargic, tottering) express increases in thalamic inhibitory tonic currents. The studies presented herein expand this link to now include cortical neurons. Using continuous in vivo EEG monitoring and pharmacology to selectively manipulate cortical tonic inhibition levels, it is shown that decreasing cortical inhibitory tonic currents is also 'sufficient' to produce SWDs in wild-type (RR) mice, and rescuing the lost cortical tonic currents in RQ mice suppresses SWD expression.

In one aspect, a method of treating absence epilepsy in a subject in need thereof comprises administering ganaxolone in an amount of 0.2 to 2 mg/kg per dose, wherein the subject has been diagnosed with absence epilepsy. As used herein, the term dose refers to a single administration of drug. In general, a dose is not repeated more than once every 3 to four hours, such that up to 6 or even 8 doses can be administered in a day. Dosing can be accomplished less frequently if controlled-release dosing is employed. In an aspect, the subject is a mammalian subject such as a human subject, specifically a human pediatric patient. Non-human mammalian subjects include dogs and livestock animals. In an aspect, the subject suffers from nonconvulsive seizures associated with loss of consciousness, glassy-eyed staring, spike and wave EEG discharges, or a combination thereof. In another aspect, the subject is resistant to standard anti-absence drug therapy. Standard anti-absence drug therapy includes ethosuximide, sodium valproate and lamotrigine, and combinations thereof.

In an aspect, the subject is a pediatric subject. In an aspect, a pediatric subject with absence epilepsy is 1 to 18 years of age, and has an average weight of 10 to 80 kg. Thus, the dose range of ganaxolone is 2 to 160 mg per dose. In an aspect, a pediatric subject with absence epilepsy is 1 to 12 years of age and has a weight of 10 to 50 kg. In this subject population, the dose of ganaxolone is 2 to 100 mg of ganaxolone per administration. In another aspect, a pediatric subject with absence epilepsy is 4 to 12 years of age and has a weight of 15 to 50 kg. In this subject population, the dose of ganaxolone is 3 to 100 mg of ganaxolone per administration.

As described, for example in U.S. Pat. No. 8,618,087, typical dosage forms of ganaxolone contain at least 200 mg of ganaxolone. A dose of as much as 36 mg/kg/day has been used in the treatment of infantile spasms, while doses of 1875 mg/day have been used for treatment of complex partial seizures in adults. Thus, in general, the dosages of ganaxolone typically used to treat seizures are high, sometimes exceeding 1 g per day. Without being held to theory, it is believed that the typically high doses of ganaxolone that have been used previously led to the incorrect conclusion that ganaxolone is not useful for the treatment of absence epilepsy. Specifically, it is proposed that low doses of ganaxolone rescue tonic inhibition, while large doses of ganaxolone over activate tonic inhibition above healthy levels, resulting in reduced efficacy or negative side effects.

In one aspect, the pediatric subject diagnosed with absence epilepsy has a deficit in tonic inhibition. Absence epilepsy can be associated with either an increase or a decrease in tonic inhibition. In the case of absence epilepsy with an increase in tonic inhibition, a further increase in tonic inhibition would be either ineffective or counterproductive. In the case of subjects with a deficit in tonic inhibition, it is expected that ganaxolone can provide a pharmacological rescue of the missing inhibition and alleviate absence seizures. Given the high rate of insensitivity of subjects to standard epilepsy treatments, it is predicted that as many as 1/3 of absence epilepsy subjects may suffer from a deficit in tonic inhibition and could benefit from low dose ganaxolone therapy.

In an aspect, the method further comprises determining that the subject with absence epilepsy is responsive to ganaxolone therapy. In one aspect, determining that a subject is responsive to ganaxolone therapy consists of genetic testing to determine whether mutations or single nucleotide polymorphisms are present in genes for GABA_A receptor subunits that participate in tonic inhibition (e.g., α 4, α 5 and δ). In an aspect, determining that a subject is responsive to ganaxolone therapy comprises standard clinical practice of precipitating a seizure in the subject, administering a test dose of ganaxolone to the subject, and determining if the subject becomes less susceptible to precipitating further seizures.

In addition, further analysis of the results for treatment of RQ mice with ganaxolone show that low dose ganaxolone can also be used as a sleep aid to treat individuals with sleep disorders. Sleep disruption is a trigger for seizures, and epileptic patients often have sleep disorders, suggesting a "vicious cycle" of interactions between sleep and epilepsy. Absence epilepsy is especially interesting because, like sleep, it involves a) loss of consciousness without convulsions, and b) reverberations between the thalamus and cortex, both of which areas express delta subunit-containing GABA_A receptors that can be manipulated using low-dose ganaxolone.

Specifically, patients with absence epilepsy are known to suffer from disrupted sleep. It was shown in the RQ mouse model that low dose ganaxolone reduces sleep alterations. Without being held to theory, it is believed that thalamocortical function is disrupted in both absence epilepsy and sleep disturbance and that because ganaxolone restores normal thalamocortical function, it can be used to treat both absence epilepsy and sleep disorders. Low dose ganaxolone can be administered to any individual in need of treatment for a sleep disorder, and specifically to patients with absence epilepsy.

Sleep is a state of brain activity defined as unconsciousness from which a person can be aroused by sensory or other stimuli. While asleep, a person undergoes two alternating states of sleep, rapid eye movement (REM) sleep and non-REM (NREM) sleep. NREM sleep is comprised of four sleep stages. Stage 1 (S1) is a state of drowsiness or transition between wake and sleep in which changes that permit slow-wave activity to occur. Stage 2 (S2) is a state of light sleep and the beginning of slow-wave activity (defined as large amplitude rhythm in the delta 0.5-4 Hz frequency band on the EEG). Stage 3 (S3) is entered as sleep becomes deeper and exhibits an increase in slow-wave activity. Stage 4 (S4) is characterized by very deep sleep. REM sleep occurs about 80 to 100 minutes after falling asleep, and is characterized by high frequency EEG activity, bursts of rapid eye movement, and heightened autonomic activity. Sleep progresses in a cycle from stage 1 through stage 4 to REM sleep. A person typically experiences four to six REM periods per sleep period.

One way to assess the efficacy of a sleep aid is to determine the effect of the sleep aid on sleep quality. Sleep quality can be quantified as the intensity of sleep, duration of time to fall asleep, number of arousals from sleep such as the number of brief awakenings, duration of time in slow-wave sleep periods, and/or duration of sleep cycles. The intensity of sleep can be measured by the electroencephalographic slow-wave activity. Brief awakenings are arousals of less than about 1 minute that can contribute to excessive daytime sleepiness. While there is significant variability from person to person, the intensity of slow wave EEG power and the number of brief awakenings, are generally good markers for "good sleep". Specifically, high intensity delta power and few brief awakenings appear to correlate well with the subjective perception of "good sleep"

As used herein, sleep disorders include insomnia, narcolepsy, daytime sleepiness, restless limb syndrome, periodic limb movements, sleep apnea, and snoring.

In one aspect, a method of treating sleep disruptions in a human subject in need thereof comprises administering ganaxolone to the human subject in an amount of 0.2 to 2 mg/kg per dose. In one aspect, the human patient suffers from disrupted sleep due to epilepsy, such as absence epilepsy. In another aspect, the human individual suffers from a sleep disorder. In one aspect, administration of ganaxolone restores durations of non-REM and intensity of slow wave activity toward normal levels. In another aspect, administration of ganaxolone is expected to reduce the number of brief awakenings, improves the REM/non-REM sleep cycle, or both.

Ganaxolone can be prepared, for example, by the methods of U.S. Pat. Nos. 5,319,115 and 8,362,286.

As used herein, "pharmaceutical composition" means therapeutically effective amounts of the compound together with a pharmaceutically acceptable excipient, such as diluents, preservatives, solubilizers, emulsifiers, and adju-

vants. As used herein "pharmaceutically acceptable excipients" are well known to those skilled in the art.

Tablets and capsules for oral administration may be in unit dose form, and may contain conventional excipients such as binding agents, for example syrup, acacia, gelatin, sorbitol, tragacanth, or polyvinyl-pyrrolidone; fillers for example lactose, sugar, maize-starch, calcium phosphate, sorbitol or glycine; tableting lubricant, for example magnesium stearate, talc, polyethylene glycol or silica; disintegrants for example potato starch, or acceptable wetting agents such as sodium lauryl sulphate. The tablets may be coated according to methods well known in normal pharmaceutical practice. Oral liquid preparations may be in the form of, for example, aqueous or oily suspensions, solutions, emulsions, syrups or elixirs, or may be presented as a dry product for reconstitution with water or other suitable vehicle before use. Such liquid preparations may contain conventional additives such as suspending agents, for example sorbitol, syrup, methyl cellulose, glucose syrup, gelatin hydrogenated edible fats; emulsifying agents, for example lecithin, sorbitan monooleate, or acacia; non-aqueous vehicles (which may include edible oils), for example almond oil, fractionated coconut oil, oily esters such as glycerine, propylene glycol, or ethyl alcohol; preservatives, for example methyl or propyl p-hydroxybenzoate or sorbic acid, and if desired conventional flavoring or coloring agents. Although oral administration of ganaxolone is the preferred method, ganaxolone can also be effectively administered subcutaneously.

The active ingredient may also be administered parenterally in a sterile medium, either subcutaneously, or intravenously, or intramuscularly, or intrasternally, or by infusion techniques, in the form of sterile injectable aqueous or oleaginous suspensions. Depending on the vehicle and concentration used, the drug can either be suspended or dissolved in the vehicle. Advantageously, adjuvants such as a local anaesthetic, preservative and buffering agents can be dissolved in the vehicle.

Pharmaceutical compositions may conveniently be presented in unit dosage form and may be prepared by any of the methods well known in the art of pharmacy. The term "unit dosage" or "unit dose" means a predetermined amount of the active ingredient sufficient to be effective for treating an indicated activity or condition. Making each type of pharmaceutical composition includes the step of bringing the active compound into association with a carrier and one or more optional accessory ingredients. In general, the formulations are prepared by uniformly and intimately bringing the active compound into association with a liquid or solid carrier and then, if necessary, shaping the product into the desired unit dosage form.

In one aspect, a ganaxolone solid or liquid dosage form contains ganaxolone particles with a small molecule complexing agent as described in U.S. Pat. No. 8,618,087, incorporated herein by reference for its disclosure of ganaxolone formulations. Specifically, the ganaxolone particles have a D50 particle size of less than 500 nm. In one aspect, the particles include 50 wt % or greater of ganaxolone. The particles can be formed by known methods such as milling, including wet or dry milling, homogenization, supercritical fluid fracture and precipitation. Such dosage forms can contain an immediate release component and a delayed release component. When in the form of a liquid dosage form, the particles can be in the form of an aqueous dispersion containing, for example, a hydrophilic polymer and a wetting agent as described in U.S. Pat. No. 8,318,714.

Complexing agents are molecules which when added to a small particle composition (D50 of about 75 to about 400

Presented herein is evidence of these bilateral, synchronous (approximately 6 Hz) SWDs in RQ mice using continuous EEG and EMG recordings (FIG. 6). Quantification was done off-line after recordings were completed. SWDs were assessed for individual event duration (seconds), inter-bout-intervals (IBI: minutes), events per bout, and bout duration (seconds). A 'bout' was classified as two or more individual SWD events occurring <30 seconds apart. FIG. 6 shows EEG and EMG recordings from one RQ mouse during a SWD bout (FIG. 6, panels a and b), along with quantified SWD assessment for three different (solid, dashed & dashed-dotted lines) RQ mice (FIG. 1, panel c) (mouse: median [25%:75%] n) (IBI in minutes: A: 16.2 [8.4:44.5] 40; B: 8.7 [3.7:21.5] 6; C: 27.5, 2.9:59.1, 7) (Events per bout: A: 3 [1:6.5] 42; B: 6 [3.5:10, 7] C: 2 [0:5.5] 10) (Bout duration in seconds: A: 36 [6:72] 42; B: 52 [24:136] 7; C: 30 [16:43] 10) (Event duration in seconds: A: 2 [1.4:2.5] 50; B: 1.7 [1.3:1.9] 14; C: 1.9 [1.4:2.5] 24). All RQ mice assessed with EEG and EMG monitoring presented synchronized SWDs across all EEG leads with the coinciding lack of EMG activity. No SWDs were seen in naïve wild-type (RR) mice EEG recordings.

Example 7: Blocking Cortical Tonic Inhibition Produces SWDs in Wild-Type Mice

Previous research has demonstrated a positive correlation between SWDs and thalamic inhibitory tonic currents, a finding which led to the conclusion that enhanced GABAergic tonic inhibition is a "necessary" condition for typical absence-associated SWD generation. The data presented herein shows that not only is altering thalamic inhibitory tonic currents not a "necessary" condition to produce SWDs, but that the selective pharmacological block of cortical tonic inhibition is enough to produce SWDs in RR mice (FIG. 7). Intraperitoneal (i.p.) administration of the $\alpha 5$ -subunit-selective inverse-agonist L655,708 (L655) at a concentration (2 mg/kg) previously shown to bind the majority of receptors responsible for generating inhibitory tonic currents in somatosensory cortical layer II/III principal neurons produced SWDs (approximately 6 Hz) in RR mice (RRL6) that are electrographically similar to SWDs seen in RQ mice (FIG. 7, panels a and b). However, although similar in frequency, L655 induced SWDs (L6-SWDs) display fewer events per bout (RQ: 3 [2:6] 59; L6: 1 [0:3] 155; $p < 0.001$) and shortened bout durations (RQ: 36 [12:80] 59; RRL6: 4 [0:36] 137; $p < 0.001$) compared to RQ, while individual L6-SWD event duration was longer (RQ: 1.9 [1.4:2.4] 64; RRL6: 4.0 [2.8:6.5] 50; $p < 0.001$).

Example 8: GABA_A Receptor δ -Subunit Selective Agonists Rescue Tonic Inhibition in RQ Cortical Principal Neurons

Although RQ principal neurons lack inhibitory tonic currents, previous research also discovered that multiple GABA_A receptor agonists, at concentrations selective to δ -subunit-associated GABA_A receptors (1 μ M THIP, 30 nM allopregnanolone (ALLO); FIG. 8, panel a), were able to produce a holding current in RQ cortical neurons. This finding argues for the presence of a functional level of δ -subunit-associated GABA_A receptors in RQ cortical neurons. Using whole-cell patch-clamp recordings, a low concentration (10 nM) of Ganaxolone (GANX) (FIG. 8, panel b), the synthetic neuroactive steroid related to ALLO, produces an inhibitory holding current (FIG. 8, panel c) (left axis: mean \pm SEM in pA, n; RR: 6.1 \pm 0.58, 5; RQ: -0.8 \pm 1.0,

5, $p < 0.05$; 100 nM THIP-RQ: 6.5 \pm 1.7, 4; 1 μ M THIP-RQ: 23.88 \pm 2.2, 5, $p < 0.05$; 10 nM GANX-RQ: 9.8 \pm 2.5, 4) and current density (right axis: mean \pm SEM in pA/pF, n; RR: 0.56 \pm 0.11, 5; RQ: -0.11 \pm 0.16, 5, $p < 0.05$; 100 nM THIP-RQ: 0.36 \pm 0.16, 4; 1 μ M THIP-RQ: 1.3 \pm 0.14, 5, $p < 0.05$; 10 nM GANX-RQ: 0.38 \pm 0.08, 4) in RQ cortical neurons equal to the inhibitory tonic current seen in RR cortical neurons. Thus, although RQ cortical layer II/III principal neurons lack GABAergic tonic inhibition, these neurons still possess an ability to produce normal levels of inhibitory tonic current via δ -subunit-associated GABA_A receptor activation.

Example 9: Rescuing Cortical Tonic Inhibition Attenuates SWDs in RQ Mice

Over-activating the δ -subunit-associated GABAergic tonic current (THIP) in the thalamus of wild-type mice produces the SWDs associated with absence epilepsy. On the other hand, research has also uncovered that administration of δ -subunit-selective agonists (ALLO and GANX) directly into somatosensory cortex of SWD-expressing WAG/Rij mice decreases the number of SWDs observed in these mice. Activating the available δ -subunit-associated inhibitory tonic current in RQ mice (FIG. 8) with a very low concentration (2 mg/kg) of GANX attenuates SWDs in RQ mice (FIG. 9).

EEG monitored RQ mice were i.p. injected twice a day with GANX or THIP 4 times over a 7 day period (FIG. 9, panel a). Multiple concentrations of GANX (2 and 5 mg/kg) and THIP (0.5 and 1.5 mg/kg) were tested for their ability to suppress SWD expression and only the lowest concentration (2 mg/kg) of GANX was statistically effective in decreasing RQ-SWD expression (FIG. 9, panel b) (SWD events per hour: median [25%:75%] n; RQ: 9.0 [7.0:19.0] 16; 2 mg/kg GANX-RQ: 3.0 [0.5:6.5] 6, $p < 0.05$; 5 mg/kg GANX-RQ: 5.0 [3.0:6.0] 4; 0.5 mg/kg THIP-RQ: 9.5 [3.5:19.0] 4; 1.5 mg/kg THIP-RQ: 7.5 [4.0:17.5] 4). The 2 mg/kg GANX treatment also decreased bout duration (seconds; RQ: 36 [12:80] 59; 2 mg/kg GANX-RQ: 12 [4:46, 30] $p < 0.05$) and event duration (seconds; RQ: 1.9 [1.4:2.4] 88; 2 mg/kg GANX-RQ: 1.4 [1.0:2.0] 64, $p < 0.001$), but did not effect the number of SWDs per bout (events; RQ: 3 [2:6] 59; 2 mg/kg GANX-RQ: 2 [1:5] 27).

Discussion of Examples 6-9

The major finding from this study is that the loss (RQ) (FIG. 6) or decrease (RR-L655) (FIG. 7) of cortical tonic inhibition results in a SWD-expressing phenotype, while normal expression (RR: FIG. 8, panel c) presents a SWD-free phenotype and pharmacological replacement of cortical tonic inhibition (RQ-GANX: FIG. 8, panel c) suppresses SWD expression (FIG. 9). These findings are consistent with the conclusion that the amount of cortical tonic inhibition regulates SWD expression. Furthermore, the discovery of a treatment (low-levels GANX), coupled with the previous discoveries of the mechanisms underlining how the $\gamma 2R43Q$ mutation results in a pro-epileptic neuronal environments, presents an avenue of 'personalized medicine' for this condition, spanning from genome to treatment.

The findings presented herein suggest that SWD expression is not linked to any one tonic current-associated GABA_A receptor-subtype ($\alpha 5$ or δ) in the cortex, but rather is linked, in general, to cortical tonic inhibitory tone. Rescuing RQ cortical tonic inhibition, and the subsequent decrease in SWD expression, via activation of δ -subunit-associated GABA_A receptors with GANX, supplies the evi-

dence that SWD expression is not solely under control of cortical $\alpha 5$ -subunit-associated inhibition. Conversely, the selective decrease/block of $\alpha 5$ -subunit-associated inhibition (RR-L655), which also results in SWD expression (FIG. 7), supplies the evidence that SWD expression is not solely under control of cortical δ -subunit-associated inhibition, either. These results are consistent, however, with the conclusion that SWD expression is regulated by general cortical tonic inhibitory tone.

Recent research suggests that SWD expression is not the only pathology linked to cortical tonic inhibitory tone. Therapeutic treatments that disrupt cortical tonic inhibition (L655, $\alpha 5$ IA, GABA_B receptor antagonists) display cognitive enhancing ability and are being investigated as treatments for cognitive disorders such as Downs Syndrome, though SWDs and absence seizures should now be considered as potential side-effects for this treatment. Additionally, pharmacological agents that activate cortical tonic inhibition through various avenues (THIP, GANX, GABA_B receptor agonists) are currently being investigated as treatments for Fragile X, Rett syndrome, schizophrenia and autism. In these cases, similar to SWD regulation, it may simply be the increase of the cortical tonic inhibitory tone, manifested via any mechanism, which is needed to temper these disorders. A more comprehensive analysis of GABAergic tonic transmission in these pathologies will help tailor appropriate treatments.

Absence seizures have recently been linked to increases in δ -subunit-associated GABA_A receptor activation in thalamic relay neurons. Born from this evidence is the theory that the resulting persistent hyperpolarization of thalamic relay neurons makes relay neurons more susceptible to rhythmic bursting and insensitive to sensory input and, thus, is necessary to tip the system balance towards a gain-of-function in the cortico-thalamic network. However, in vitro examination of T-type calcium bursting (T-bursts) behaviors in thalamocortical mouse brain slices detected a decrease or no change in thalamic T-bursting behaviors compared to control for RQ and L655-treated (RR) brain slices, respectively. These results suggest that neither increased thalamic inhibitory tone nor the resulting increased susceptibility to rhythmic bursting is essential for SWD expression. Furthermore, levels of tonic inhibition in principal cortical cells have yet to be investigated in absence epilepsy animal models (GAERS, stargazer, lethargic, tottering) that do express increased thalamic tonic inhibitory currents. Although increases above normal levels of tonic inhibitory currents in thalamus may be enough to provoke SWDs and absence seizures, evidence suggests that activation or rescue of missing tonic inhibitory tone in the principal cortical neurons of these animals may be enough to ward off SWD expression.

Lastly, but definitely not least, the data included herein provides evidence of long-lasting aberrant thalamocortical function after inducing SWDs with L655 in wild-type mice. Mice that were injected twice a day for 2 consecutive days with L655 still displayed SWDs 3 days after the last injection (FIG. 7, panel d: vehicle, Hour 1, $p < 0.05$). This lingering malfunction of the post-epileptic thalamocortical circuit suggests that pro-epileptic homeostatic changes occur, changes observed in other epilepsy-induced animal models that can include a down-regulation of $\alpha 5$ -subunit-associated GABA_A receptor expression. This result gives extra credence to providing the earliest possible, but appropriately tailored, therapeutic intervention for individuals suffering from CAE.

Example 10: Evaluation of Sleep Patterns in RQ Mice Injected with GANX

RQ mice had significantly ($p < 0.05$, Kruskal-Wallis test with Tukey post-hoc tests) briefer Wake durations than RR, which was not reversed by GANX. RQ mice also had shorter durations of single NREM episodes than RR, and this was reversed by GANX to normal levels. No groups differed in durations of REM. RQ mice experienced shorter “brief awakenings” (≤ 16 seconds) than RR, and this was not altered by GANX, whereas the number of brief awakenings did not differ between any groups. During normal sleep time (daylight), RQ had higher normalized delta power than RR, and this was reversed by GANX toward normal levels. Higher delta power and shorter brief awakenings during NREM sleep could be indicative of higher “sleep pressure” (i.e., a homeostatic drive to compensate for insufficient sleep).

FIG. 10 shows that RQ mice display alterations in NREM sleep that can be reversed by low-dose ganaxolone. A) Example EEG and EMG epochs (4 sec) from a WT mouse, taken during the time points marked in B by the arrows. B) (left panels) Power in the delta (0.5-4 Hz), theta (6-9 Hz) and gamma (20-100 Hz) bands, and the hypnogram of sleep stages as determined from the EEG and EMG by an experienced scorer, during a 24 hour recording period. Normal sleep time (daylight) is indicated by the grey bar, and night is indicated by the black bar. (right panels) Expansion of the first sleep period, marked by colored bars in A. C) Distributions of Wake, NREM and REM periods for 3 WT and 3 RQ mice and for the same RQ mice after ganaxolone treatment (2 mg/kg i.p.). Dashed lines represent individual mice, and solid lines representing the mean for each condition. During normal sleep time, RQ mice had significantly ($p < 0.05$, Kruskal-Wallis test with Tukey post-hoc test) briefer Wake and NREM durations than WT mice, and the NREM durations were returned to normal by ganaxolone.

These data indicate that sleep alterations accompany absence epilepsy in RQ mice, particularly affecting NREM sleep. The alterations in NREM sleep are reversed by GANX. Selective pharmacological manipulation of tonic inhibition using GANX is thus expected to be a useful avenue for treating both seizures and sleep disorders.

Definitions

GABA_A receptor—a ligand-gated ion channel. The endogenous ligand is γ -aminobutyric acid (GABA).

RQ- and RR-strains of C57BL/6J mice. RQ are the $\gamma 2R43Q$ knock-in mice that serve as a model for absence epilepsy.

ALLO—allopregnanolone. An endogenous neurosteroid with preferentially high efficacy for enhancing activation of δ subunit-dependent tonic inhibition.

GANX—ganaxolone. A synthetic analogue of ALLO.

THIP—4,5,6,7-tetrahydroisoxazolo[5,4-c]pyridin-3-ol. An agonist with selectively high efficacy for activating δ subunit-dependent tonic inhibition.

L655,708—11,12,13,13a-Tetrahydro-7-methoxy-9-oxo-9H-imidazo[1,5-a]pyrrolo[2,1-c][1,4]benzodiazepine-1-carboxylic acid, ethyl ester. An inverse agonist of the benzodiazepine site that selectively blocks $\alpha 5$ subunit-dependent tonic inhibition.

IPSC—inhibitory postsynaptic currents—synaptic currents that make a postsynaptic neuron less likely to generate an action potential.

Interevent interval (IEI)—The probability that two successive events (e.g., mIPSCs or SWDs) will occur separated by a specified time interval. Typically expressed as a histogram showing the distribution, or cumulative distribution, of probabilities over a range of intervals.

SWD—spike- and wave EEG discharge

i.p.—intraperitoneal

The use of the terms “a” and “an” and “the” and similar referents (especially in the context of the following claims) are to be construed to cover both the singular and the plural, unless otherwise indicated herein or clearly contradicted by context. The terms first, second etc. as used herein are not meant to denote any particular ordering, but simply for convenience to denote a plurality of, for example, layers. The terms “comprising”, “having”, “including”, and “containing” are to be construed as open-ended terms (i.e., meaning “including, but not limited to”) unless otherwise noted. Recitation of ranges of values are merely intended to serve as a shorthand method of referring individually to each separate value falling within the range, unless otherwise indicated herein, and each separate value is incorporated into the specification as if it were individually recited herein. The endpoints of all ranges are included within the range and independently combinable. All methods described herein can be performed in a suitable order unless otherwise indicated herein or otherwise clearly contradicted by context. The use of any and all examples, or exemplary language (e.g., “such as”), is intended merely to better illustrate the invention and does not pose a limitation on the scope of the invention unless otherwise claimed. No language in the specification should be construed as indicating any non-claimed element as essential to the practice of the invention as used herein.

While the invention has been described with reference to an exemplary embodiment, it will be understood by those skilled in the art that various changes may be made and equivalents may be substituted for elements thereof without departing from the scope of the invention. In addition, many modifications may be made to adapt a particular situation or material to the teachings of the invention without departing from the essential scope thereof. Therefore, it is intended that the invention not be limited to the particular embodiment disclosed as the best mode contemplated for carrying out this invention, but that the invention will include all embodiments falling within the scope of the appended claims. Any combination of the above-described elements in all possible variations thereof is encompassed by the invention unless otherwise indicated herein or otherwise clearly contradicted by context.

The invention claimed is:

1. A method of treating sleep disruptions due to absence epilepsy in a mammalian subject in need thereof, comprising administering ganaxolone to the mammalian subject in an amount of 0.2 to 2 mg/kg per dose, wherein the epilepsy is characterized by a deficit in tonic inhibition.
2. The method of claim 1, wherein administration of ganaxolone restores durations of non-REM and intensity of slow wave activity toward normal levels.
3. The method of claim 1, wherein administration of ganaxolone reduces the number of brief awakenings, improves the REM/non-REM sleep cycle, or both.
4. The method of claim 1, wherein the mammalian subject has a γ 2R43Q mutation in the GABA_A receptor.
5. The method of claim 1, wherein the mammalian subject is a human subject.

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